



1458 Zion Park Blvd.  
 P.O. Box 623 Springdale, UT 84767  
 435-772-3303  
 Fax: 435-772-3133  
[www.zionrockguides.com](http://www.zionrockguides.com)  
[www.bikingzion.com](http://www.bikingzion.com)

## Medical Release

**Participant Information---** **Party Name:** \_\_\_\_\_ **Trip Date:** \_\_\_\_\_  
 Full Name \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_  
 Street/Apt \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Home Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Other Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_ Shoe Size \_\_\_\_\_ Waist Size \_\_\_\_\_

**Emergency Information:**

Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_  
 Emer. Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Other Emer. Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Medical Information:**

Medical Insurance Company \_\_\_\_\_  
 Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

Condition	No	Yes	Condition	No	Yes
Vision or hearing impairment			Diagnosed mental illness		
Broken bones			Severe anxiety or depression		
Severe sprains			High blood pressure		
Neck or shoulder problems			Heart disease		
Back or spine problems			Seizures		
Foot or ankle problem			Asthma		
Leg or knee problem			Diabetes		
Arm or hand problem			Chronic headaches		
Intestinal problem			Shortness of Breath		
Urinary tract problem			Chest Pain		
muscle impairment			Women-are you pregnant?		
Hospitalization past year			Other: _____		

Please provide further information for any "Yes" responses.

Please list any allergies or prescription medications you are taking.

**Medical Waiver Information**

I hereby certify that the information provided herein is accurate and I the participant is in good physical condition to participate in the required activities. If medical attention is needed for illness or injury during the program, permission is given for such care under said health insurance coverage stipulations. We understand that Zion Rock and Mountain Guides/Bike Zion need not provide payment of any medical fees incurred during the program.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_